truSculpt® iD

Define your body iD with personalized body sculpting

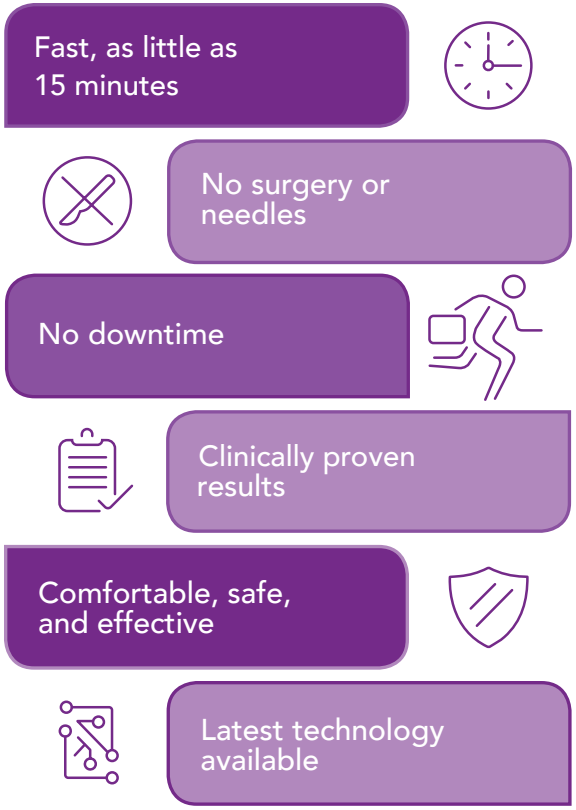
CONSULTATION GUIDE

CUTERA®
FACE + BODY AESTHETIC SOLUTIONS

The body you want, down to the last curve

truSculpt® iD allows you to **personalize your ideal body with a revolutionary non-surgical, body-sculpting treatment.** Its comfortable, safe, and effective technology is clinically proven to **permanently eliminate fat cells in stubborn areas** around your abdomen and flanks in as little as one 15-minute treatment.

With truSculpt® iD, you can **get the body definition you want,** even in areas that have been resistant to diet and exercise.



truSculpt® iD delivers personalized results

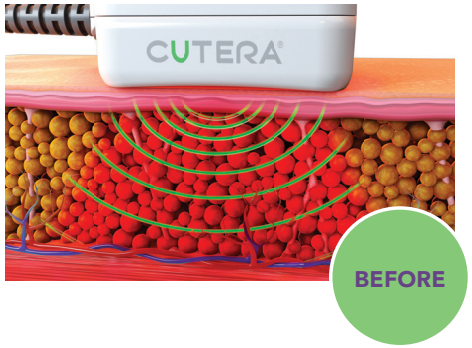
No matter your shape or body type, this versatile treatment is personalized to match your individual needs.

truSculpt® iD effectively treats those who may not be candidates for other contouring procedures due to treatment size, location, skin type, fat thickness, and presence of skin laxity.

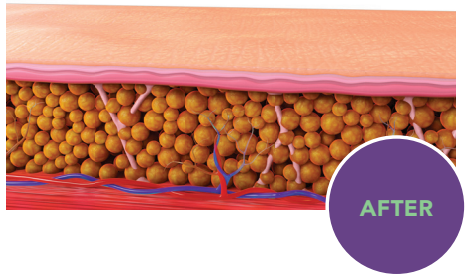
How it works

truSculpt® iD uses innovative Monopolar RF technology to selectively target fat and therapeutically heat it. Fat cells are heated until the cells are irreversibly damaged and eliminated by passing through the body naturally.

truSculpt® iD is clinically proven safe and effective to get rid of stubborn fat cells permanently.



Cutera's proprietary, low frequency and uniform delivery technology, penetrates deep to treat the entire fat layer from skin to muscle.



Clinical studies resulted in an average of 24% fat reduction.

Pre-treatment consultation

- We'll evaluate your body's symmetry and the areas that bother you, making recommendations to help you get the look you want.
- The consultation may include measuring your body weight, circumference and fat thickness.
- We'll take photographs to help you compare how you look before and after truSculpt® iD.

Preparing for your treatment

- Make sure you're well hydrated prior to treatment.
- Remove jewelry, including any body piercings near treatment area.
- Clean the treatment area, removing all make-up and/or lotions.
- Shave the treatment area and/or return pad area as needed.

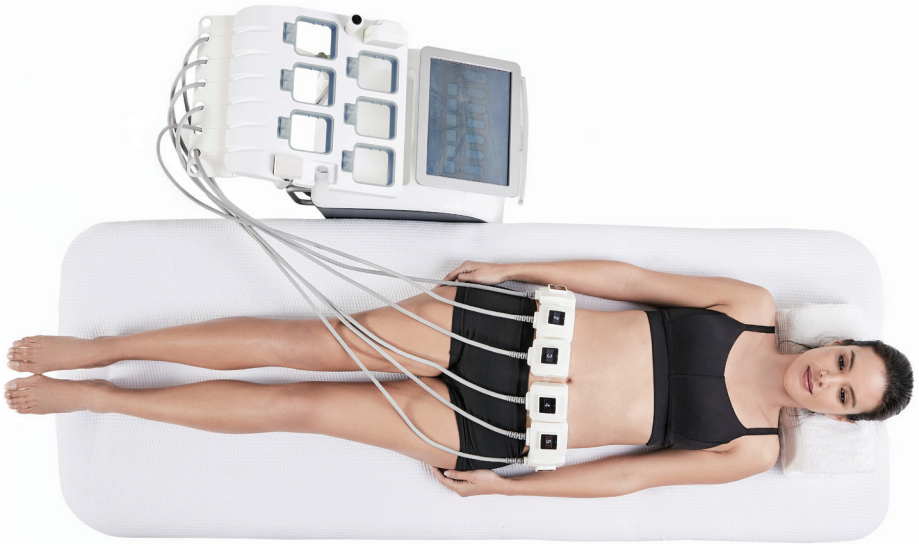
Please note that treatment areas are marked on your skin before the treatment begins.

What to expect during and after

- truSculpt® iD has been compared to a hot stone massage with minimal discomfort.
- Procedure time depends on the size and number of treatment areas. It typically takes 15 - 30 minutes to treat the abdomen and flanks.
- There is no visible downtime after the procedure! You can immediately resume normal activity.

Treatment to permanently eliminate fat cells

- The truSculpt® iD handpiece will be placed on the treatment area and turned on.
- For those treatments requiring gliding motions, glycerin is applied to the skin and the handpiece is moved slowly and gently within the treatment area.
- As the treatment begins, you'll feel a gentle warming sensation. The sensation of heat will intensify as the temperature increases.
- The temperature will be increased slowly, allowing you to acclimate comfortably to the therapeutic heat. The temperature can also be decreased quickly as needed.
- Immediate post-treatment effects may include temporary warmth and redness for up to 24 hours, mild swelling for up to 4 days, and sensitivity to the touch for about one week.



Treatment to permanently eliminate fat cells

- Results are visible after just one treatment, with maximum results seen after 12 weeks.
- Additional treatments may be required to achieve the personalized results you desire.

Treatment for deep tissue heating

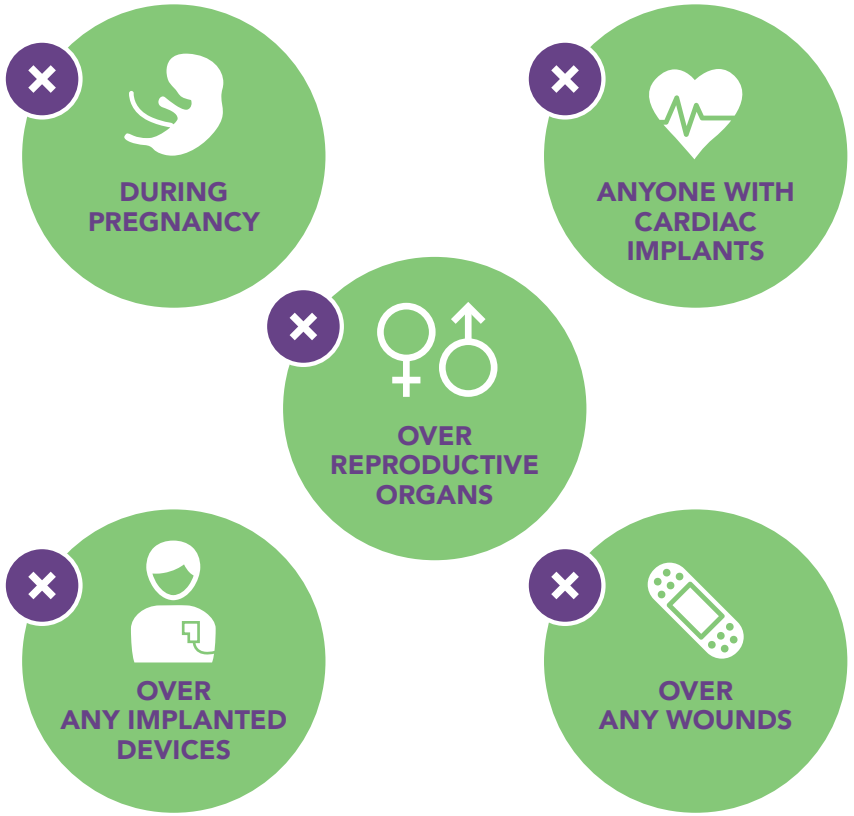
- Treatments are typically spaced 4 to 6 weeks apart.
- Full results can take up to 8 – 12 weeks to appear. Patients typically report seeing results after the second treatment.

Contraindications

Treatments are not advised in any of the following circumstances:

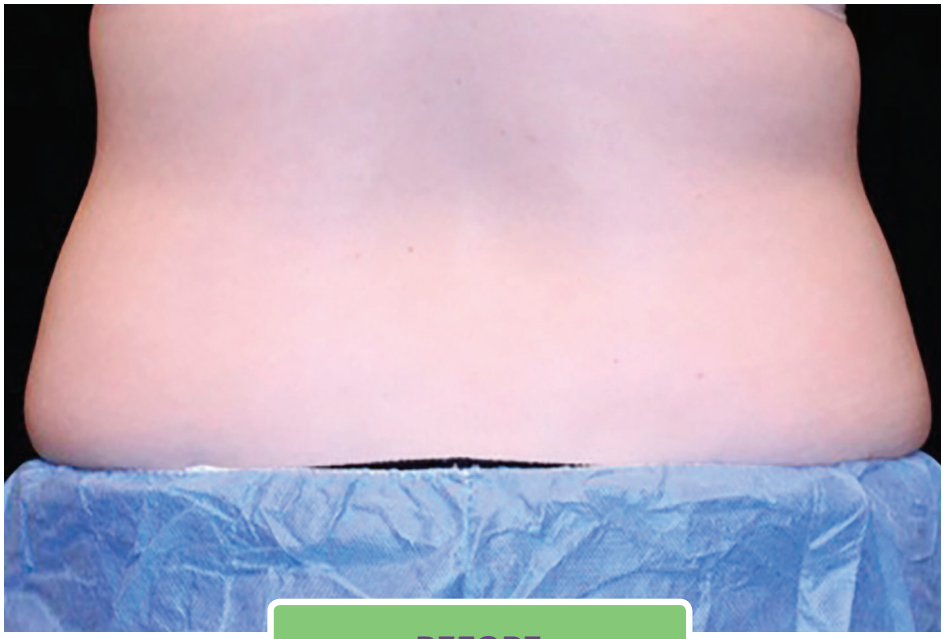
- Pregnancy
- Cardiac pacemakers or internal defibrillators (regardless of treatment area)
- Treating over reproductive organs
- Treating over implanted devices, including metallic implants, electronic implants, time-released medical implants and superficially placed body contouring implants
- Treating over any wounds

**For a full list of contraindications, please see the operator manual.*



Before and After

truSculpt® iD



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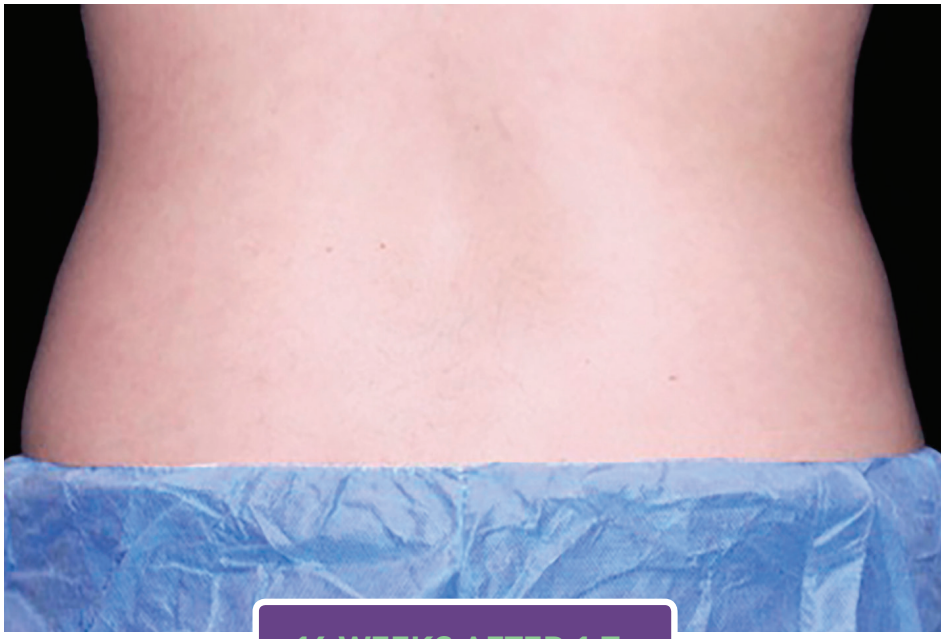

16 WEEKS AFTER 1 Tx

Photos courtesy of Amy Taub, M.D.

Before and After

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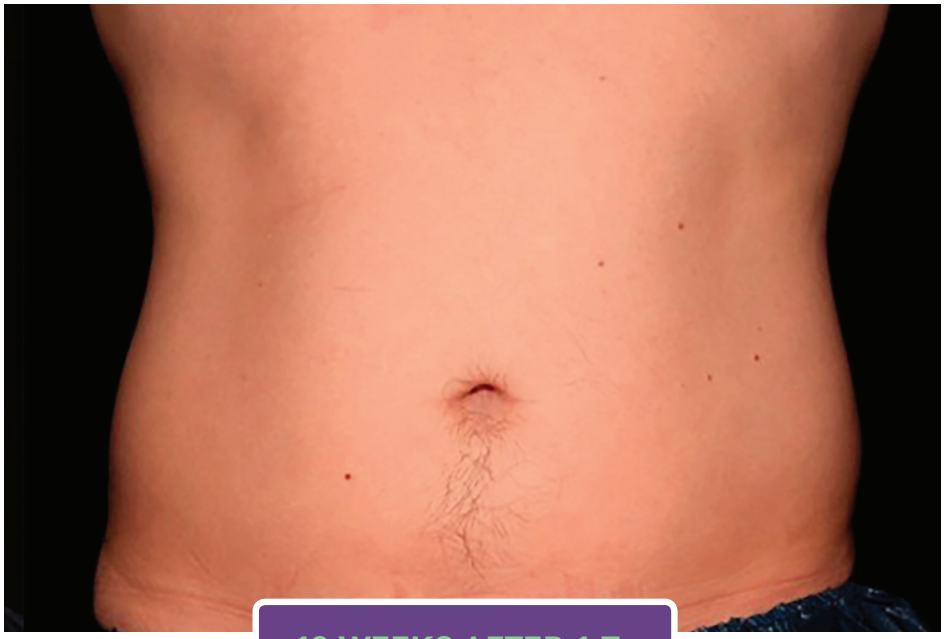
BEFORE



12 WEEKS AFTER 1 Tx

Photos courtesy of Ashish Bhatia, M.D.

Before and After

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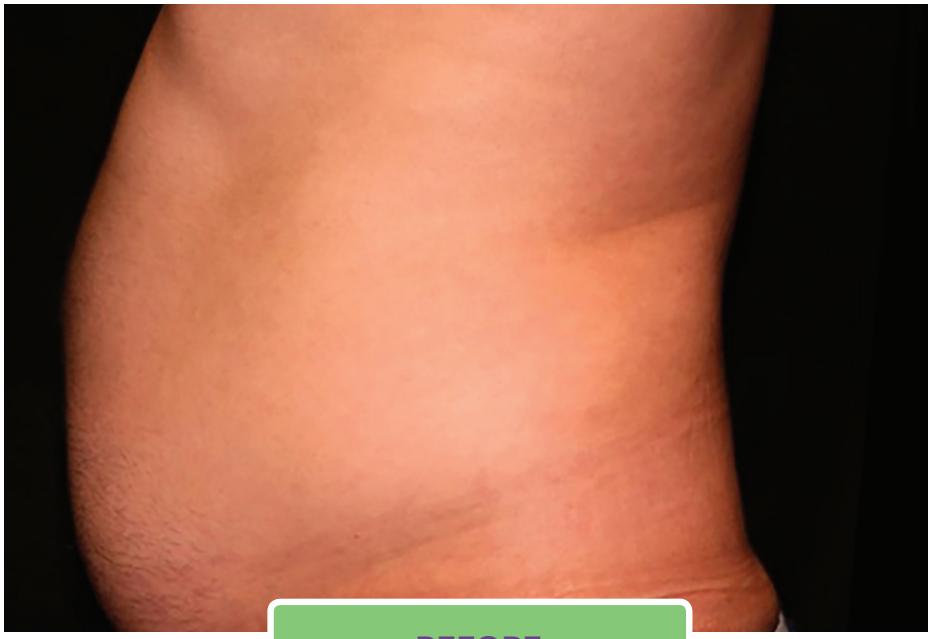

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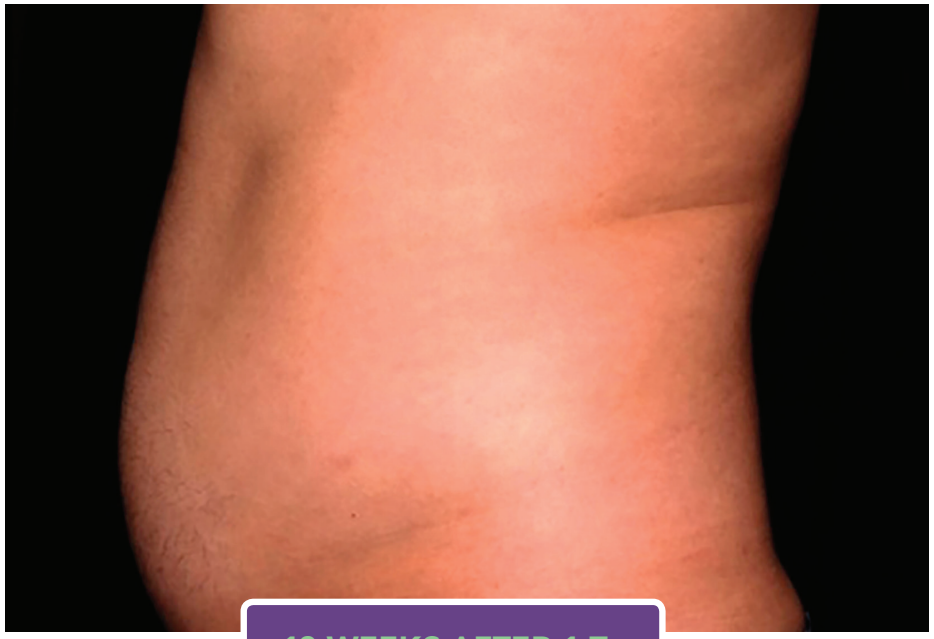

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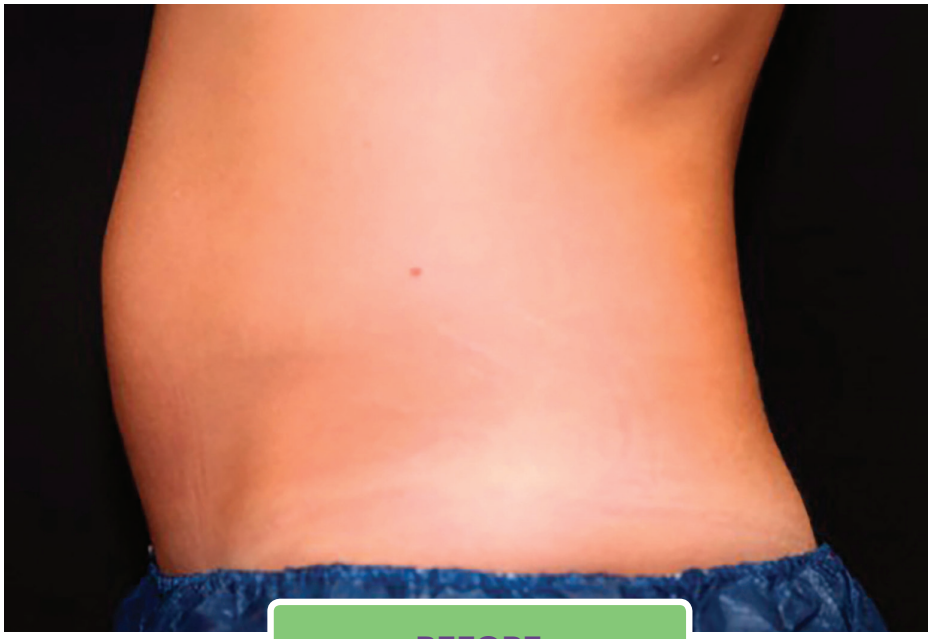

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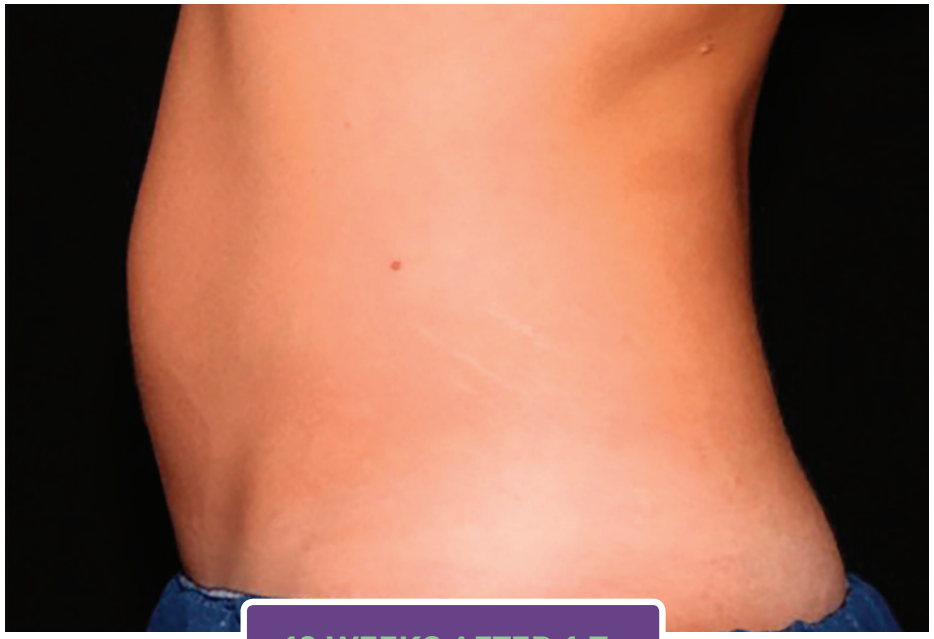

12 WEEKS AFTER 1 Tx

Photos courtesy of Joely Kaufman, M.D.

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SCULPT YOUR BEST BODY

Results and experience may vary. Models; Not actual patient.

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